

Swimming pool, Hammam and Fitness Room are at your disposal free of charge

All our services are by appointment

For any reservation or for more information, the reception is at your disposal

Hostellerie Les Gorges de Pennafort ****

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LES GORGES DE PENNAFORT

Groupe Garrassin

**Relax
with**

THALGO
LA BEAUTE MARINE

2024



Our THALGO Partner located in Roquebrune sur Argens,

accompanies you throughout our treatment menu to share with you the benefits of THALGO Marine Care has always associated efficiency and well-being.

OUR BODY RITUALS ADJUSTABLE IN:	90 min	60min
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ÎLES PACIFIQUE :	135 €	105 €*
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Revitalizing treatment offering a trip to the most beautiful islands of the Pacific, for a deep relaxation mixing the fragrances of Exotic Fruits, Tiara Flower, Coconut, Vanilla and Blond Sand

MERVEILLE ARCTIQUE :	135 €	105 €*
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Escape to the wonders of nature Polar, Nordic rhythm to relax the body and release the tensions between hot and cold.

MER DES INDES : (Essentiel Oils)	135 €	105 €*
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Rebalancing treatment inspired by Ayurveda (Science of Life) that will transport you out of our continent thanks to its warm and spicy scents in the sacred land of India.

RELAXANT :	60 min	105 €
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Clever mix of techniques, unravels muscle tensions, real moment of well-being.

REFLEXOLOGIE PLANTAIRE :	50 Min	120 €
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Relieves the ailments of your body by activating the reflex zones of the arch. Find relaxation and vitality of the body.

BODY TREATMENTS : Exfoliation + massage	50 Min	80 €
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EXFOLIATIONS :	30 Min	60 €
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ILES PACIFIQUES :
Fragrances of Exotic Fruits, Tiara Flower, Coconut, Vanilla and Blond Sand

MERVEILLE ARTIQUE :
Polar nature wonders, Nordic rhythm to relax the body and release tensions between hot and cold

MER DES INDES :
Warm and spicy scents in the sacred land of India.

Facial treatments adapted to your skin type

PRODIGE DES OCEANS :	120 min	180 €	90 min	120 €
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Supreme beauty and letting go, intended for all skins, all women looking for a new experience of ritual of care. This complete face and body ritual will bring your Face into Beauty. Total Body Relaxation

SOIN FONDAMENTAL DE LA MER :	60 min	75 €
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The Marine Source, the vital force of the Oceans concentrated at the heart of a treatment. Resource in depth, moisturizes and restores a velvety touch and original radiance.

SOIN COMBLEUR HYALU-PROCOLLAGENE :	60 min	105 €
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Wrinkle care combining hyaluronic acids and marine collagen for visible effectiveness. The face looks younger and the wrinkles seem smoothed. Repulpe-Lisse-Comble (from 40 years old)

SOIN LIFTANT SILICIUM MARIN :	75 min	115 €
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Excels by its performance on the correction of the loss of firmness and on the smoothing of wrinkles. Luminosity of the complexion, firming of the skin and scrub of wrinkles (from 50 years and +)



Thank you for removing your jewelry before the treatment